

# ICCL STUDENT FORM



ADHD  
support coaching

The more information you are able to provide the better your learning needs can be understood. For each questions, think about yourself now or within the past 12 months. If the item is **very often true** of you, fill in the bubble around the number 2. If the item is **somewhat true** or **sometimes true** of you, fill in the bubble around the number 1. If the item is **not true** of you, fill in the bubble around the number 0. Below are two examples:

SOMETIMES TRUE		
NOT TRUE		VERY OFTEN TRUE
<input type="radio"/> 0	<input checked="" type="radio"/> 1	<input type="radio"/> 2

- A. I am carefree and easy going.  
B. I follow instructions.

By filling in bubble 0 for question A, you would indicate that you are **not carefree and easy going**. By filling in bubble 1 for question B, you would indicate that you **sometimes follow instructions**.

On the scale of 0-2 indicate to what extent each item **applies to you**, or is **true for you**, based on your experience. Respond only to the items you wish to answer. If you have any questions about how to answer any item, please ask the person who gave you this form for assistance.

Please use No. 2 pencil **only** to mark your answers. Make dark, heavy marks that fill the bubble completely and erase unwanted marks cleanly.

Proper mark: ☐ ☒ ☐ Improper marks: ☒ ☒ ☒

SOMETIMES TRUE				SOMETIMES TRUE					
		NOT TRUE		VERY OFTEN TRUE			NOT TRUE		VERY OFTEN TRUE
1.	I give up before even trying.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	23.	I discover simpler ways to solve difficult problems.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
2.	I am easily distracted.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	24.	I don't think about how things are related to each other.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
3.	I have problems with spatial relationships.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	25.	I create new concepts from existing ones.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
4.	I understand the flow of time.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	26.	I think logically.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
5.	I have trouble getting the meaning of symbols or signs.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	27.	I question things that don't make sense.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
6.	I understand spoken language well.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	28.	I have problems with reading.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
7.	I approach tasks in an organized way.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	29.	I have problems with math.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
8.	I confuse important and unimportant facts.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	30.	I make decisions.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
9.	I make an effort to be precise when gathering information.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	31.	I weigh the consequences of decisions.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
10.	I have trouble focusing on different sides of a problem at the same time.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	32.	I set goals.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
11.	I tune out and daydream.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	33.	I plan poorly.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
12.	I don't realize when problems exist.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	34.	I follow through on plans.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
13.	I miss clues that help to define problems.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	35.	I learn from experience.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
14.	I gather information thoughtfully.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	36.	I use emotions and gestures that support what I say.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
15.	I lose track of thoughts when solving problems.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	37.	I guess a lot.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
16.	I can solve problems in my head.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	38.	I think before I act.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
17.	I have difficulty forming ideas.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	39.	I go blank, I block.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
18.	I don't remember.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	40.	I explain so that others understand.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
19.	I don't compare to find out how things are alike or different.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	41.	I have difficulty expressing thoughts.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
20.	I have trouble grouping objects or events.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	42.	I make an effort to communicate clearly and accurately.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
21.	I am creative and imaginative.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	43.	I do not pay attention to the effects of my own behavior.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2
22.	I have difficulty developing my ideas.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	44.	I change my behavior following mistakes.	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2

	NOT TRUE	SOMETIMES TRUE	VERY OFTEN TRUE
45. I am self-directed.	①	②	③
46. I need to feel competent.	①	②	③
47. I strive to achieve.	①	②	③
48. I like to be good at what I do.	①	②	③
49. I avoid complex tasks.	①	②	③
50. I enjoy abstract tasks.	①	②	③
51. I have low self-esteem.	①	②	③
52. I avoid challenges.	①	②	③
53. I like new tasks.	①	②	③
54. I have aspirations.	①	②	③
55. I am eager to grow and change.	①	②	③
56. I show desire for approval.	①	②	③
57. I avoid unpleasant feelings.	①	②	③
58. I trust my own thinking.	①	②	③
59. I see the whole picture.	①	②	③
60. I am curious and ask questions.	①	②	③
61. I have a good sense of humor.	①	②	③
62. I am easily frustrated.	①	②	③
63. I lack self-confidence.	①	②	③
64. I have a positive and hopeful attitude.	①	②	③
65. I rely too much on others.	①	②	③
66. I think quickly and accurately.	①	②	③
67. I give up easily.	①	②	③
68. I apply learned skills with ease.	①	②	③
69. I have poor work habits.	①	②	③
70. I work hard for what I get.	①	②	③
71. I accept responsibility for the quality of my own work.	①	②	③
72. I notice my own improvements.	①	②	③
73. I show no enthusiasm for learning.	①	②	③
74. I am insightful and reflective.	①	②	③

	NOT TRUE	SOMETIMES TRUE	VERY OFTEN TRUE
75. I am purposeful and self-directed.	①	②	③
76. I have trouble keeping track of my own thoughts.	①	②	③
77. I support conclusions with good reasoning.	①	②	③
78. I can form ideas.	①	②	③
79. I ignore mistakes.	①	②	③
80. I have an organized approach to tasks.	①	②	③
81. I like to try new tasks.	①	②	③
82. I do not set goals.	①	②	③
83. I express thoughts well.	①	②	③
84. I am attentive.	①	②	③
85. I pursue goals with determination.	①	②	③
86. I have good work habits.	①	②	③
87. I collect information in a disorganized manner.	①	②	③
88. I have a good memory.	①	②	③
89. I am persistent.	①	②	③
90. I have difficulty making decisions.	①	②	③
91. I challenge rules and regulations.	①	②	③
92. I am dependent and clingy.	①	②	③
93. I am respected by peers.	①	②	③
94. I am helpful and caring.	①	②	③
95. I am cheerful.	①	②	③
96. I pout and sulk.	①	②	③
97. I express emotions appropriately.	①	②	③
98. I destroy my own property.	①	②	③
99. I am friendly and cooperative.	①	②	③
100. I am able to talk about feelings.	①	②	③
101. I get picked on.	①	②	③
102. I talk about being lonely.	①	②	③
103. I have nervous habits or jerky twitching movements.	①	②	③
104. I annoy and tease.	①	②	③

	NOT TRUE	SOMETIMES TRUE	VERY OFTEN TRUE		NOT TRUE	SOMETIMES TRUE	VERY OFTEN TRUE
105. I seek support from others when needed.	0	1	2	118. I smile and laugh.	0	1	2
106. I pay attention to constructive criticism.	0	1	2	119. I am easily hurt.	0	1	2
107. I am afraid to go to school.	0	1	2	120. I argue and fight.	0	1	2
108. I break and destroy the property of others.	0	1	2	121. I am mixed up and confused.	0	1	2
109. I face up to problems.	0	1	2	122. I respect the opinions of others.	0	1	2
110. I am trustworthy and dependable.	0	1	2	123. I resolve worries and move on.	0	1	2
111. I am shy and timid.	0	1	2	124. I am rude and disobedient.	0	1	2
112. I cope well with problems.	0	1	2	125. I am resourceful and independent.	0	1	2
113. I am unusually fearful.	0	1	2	126. I show concern for other people's feelings.	0	1	2
114. I am liked by others.	0	1	2	127. I adapt well to new situations.	0	1	2
115. I whine and complain.	0	1	2	128. I push others around.	0	1	2
116. I am withdrawn and unsociable.	0	1	2	129. I am fidgety and restless.	0	1	2
117. I deal effectively with stressful situations.	0	1	2	130. I stand up for myself as needed.	0	1	2

Signature _____	Date _____
Please return to: _____	